



MIXED GREENS PESTO

[vegan + gluten-free + nut-free]

Recipe by Sarah Ohana

Ingredients:

- 1 cup basil
- 1 cup parsley
- 2 cups kale
- 2 cloves garlic
- ½ lemon, squeezed
- 3 TBSP nutritional yeast
- 3 TBSP hemp seeds
- ¼ tsp sea salt
- 3 TBSP extra-virgin olive oil

Instructions:

1. Thoroughly [wash](#) all your greens, and check for bugs!
2. Add all ingredients except the olive oil into a food processor. Mix until ingredients are finely chopped - approximately 1 minute.
3. While machine is running, slowly pour in olive oil until it is fully incorporated.
4. Taste Pesto and adjust seasonings as necessary.